

Maura J. Rossman, M.D., HCLHIC Co-Chair Health Officer, Howard County Health Department

Steven C. Snelgrove, HCLHIC Co-Chair President, Howard County General Hospital

Howard County Local Health Improvement Coalition Healthy Aging Work Group Meeting December 18, 2017 – 2:30 p.m. – 4:00 p.m. Barton A&B

Minutes

Members Present:

Karen Basinger, University of MD Extension Renee Bitner, HCHD Lois Joellenback, HCHD Jill Kamenetz, HC DCRS Andrew Monjan, Transition Howard County Tracy Novak, HCGH Cyndi Rogers, Winter Growth Inc. Maura Rossman, HCHD Charles Smith, HC DCRS

Guests Present:

Erin Anderson, HCHD Emily Leclercq, HC DCRS

Staff Present:

Sharif Braxton, HCLHIC Program Coordinator Kelly Kesler, HCLHIC Program Director Mary Wahl, HCLHIC Program Manager Lauren Williams, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
Welcome and	Sharif Braxton called the meeting to order	
Introductions	at 2:33p.m.	
	Participants and guests introduced themselves.	
Approval of Minutes	Sharif Braxton shared that the work group	Minutes from the previous meeting will be
and Announcements	meeting would be recorded for	available one week prior to the next meeting
	production of minutes.	date at
		http://www.hclhic.org/membership/meeting-
	Sharif Braxton provided a re-cap from the	portal.
	October 23, 2017 meeting and asked for	
	any corrections to the minutes from that	Group members are encouraged to provide
	meeting.	event information for inclusion on the HCLHIC
	A motion to accept the minutes as written	website and to visit the site for information on
	was made by Charles Smith and seconded	upcoming events: <u>http://www.hclhic.org/news-</u>
	by Maura Rossman.	events/Ihic-and-partner-

	avents/menth calendar/. To request an event
Group members shared brief	events/month.calendar/. To request an event be added to the HCLHIC Community calendar
	contact lhic@howardcountymd.gov.
announcements.	contact <u>inic@nowardcountymd.gov</u> .
	Erin Anderson of Emergency Planning and
	Response with the Howard County Health
	Department informed the group of their
	Preparedness Pals brochure. The purpose of the
	brochure is to improve emergency
	preparedness and response for those with
	chronic medical conditions, communication
	barriers and mobility issues – such as those in
	the aging community. Brochures and business
	cards were distributed and an electronic copy
	can be found on the <u>HCLHIC website</u> . For more
	information, contact Erin Anderson at
	eanderson@howardcountymd.gov or 410-313-
	7538
	Tracy Novak with Howard County General
	Hospital shared that the Hospital, in light of the
	efforts of the Speakeasy program, is
	incorporating improved advanced care planning
	into its practices. The hospital seeks to increase the number of individuals with a designated
	healthcare agent and to implement better
	processes. One improved process is ensuring
	EPIC is compatible with accepting advanced
	care documentation and information within its
	system.
	Charles Smith provided a summary of the
	development of the LHIC brain health
	definition. It had been decided to use the
	definition of brain health developed by the NIH
	and for the HCLHIC to add its own contextual
	framing of that definition. Two different
	versions of the framing of this definition were
	developed: A "neutral" framing and one that
	was classified as "mild anxiety." These options
	were pilot-tested by Charles. There were
	generally equal views of both framings from the
	general populace, but individuals with health
	education backgrounds favored the mild anxiety
	version. Both versions will be included with the
	minutes (attached to email). It is requested
	that workgroup members vote (link <u>here</u>) on
	the version they prefer and explain why. This

Virtual Dementia Tour Debrief	Emily Leclercq, Resource Specialist for Maryland Access Point (MAP), led the group in a facilitated debrief of the Virtual Dementia Tour.	response is requested by January 10 th , 2018. The HCLHIC thanks Andrew Monjan and Charles Smith for their insight and assistance on this project! Sharif Braxton shared that the HCLHIC met with leadership from The Village in Howard regarding renewing their membership, as well as collaboration between the two groups. Additional updates will be shared as they become available. For more information about the Virtual Dementia Tour program, potential collaboration, or to schedule a tour, please contact Emily Leclercq at <u>eleclercq@howardcountymd.gov</u> or 410- 313-8135.
Strategic Planning	Sharif Braxton and Mary Wahl led the	Coalition members discussed strategies and
Session	discussion on the update of the strategies and community programs prioritized for the FY18-20 Action Plan.	current program offerings in the county and provided feedback.
Wrap Up and Adjournment	The work group meeting was adjourned at 4:00 p.m.	

Work Group

February 26, 2018	2:30- 4:00 pm, Barton A&B
March 26, 2018	2:30- 4:00 pm, Barton A&B
May 21, 2018	2:30- 4:00 pm, Barton A&B

FULL HCLHIC

January 25, 2018 8:30-10:30 am, Susquehanna

Respectfully submitted by Sharif Braxton Program Coordinator, Howard County Local Health Improvement Coalition